Steps to take when a workplace injury occurs

Call 911 immediately in case of serious or life-threatening emergencies

If an incident or injury occurs, we are here to help. Just follow these steps.

An injured employee, their employer or medical provider may report a work-related injury. Your company has chosen Sedgwick Managed Care Ohio to help you through this process.

Employee instructions

- 1. Immediately notify your supervisor.
- 2. Complete the first section of the BWC First Report of Injury (FROI) form as completely as possible.
- 3. Seek appropriate medical treatment if needed, and provide the attached ID card at all medical appointments.
- 4. Keep your supervisor informed of your medical status and return all completed claim documentation to your employer promptly.

Employer instructions

- 1. Assist in the completion of an injury/incident report, and/or the Employer Info section of the enclosed FROI.
- 2. If medical treatment is involved, ensure the incident is reported to Sedgwick MCO using one of the methods described under "Reporting a work-related injury to Sedgwick MCO."

Reporting a work-related injury to Sedgwick MCO



Online:

Submit an injury form (FROI) online at sedgwickmco.com.



Phone:

Contact our customer service team at 888.627.7586 (available 24/7).



Email:

Send encrypted injury/incident reports as soon as possible to: injury.incident@sedgwickmco.com.



Send injury forms to 888.711.9284.

Early documentation and reporting of injuries promotes the best results for everyone.

Detach ID card below and present at all medical appointments



sedgwick

managed care ohio

Workers' compensation identification card



24-hour customer service: 888.627.7586



Employer name: Policy number:

Key contacts and additional information

Medical treatment questions, medical documentation and billing issues

Contact Sedgwick Managed Care Ohio:

Phone: 888.627.7586 Fax: 888.627.0074

Mail: P.O. Box 1040, Dublin, OH 43017

Prescription questions

Call 800.644.6292 and follow the prompts.

Ohio Bureau of Workers' Compensation (BWC)

Call 800.644.6292 or visit bwc.ohio.gov.

Medical options and provider search

If medical treatment is required, see a BWC-certified medical provider. For more information, see the Sedgwick MCO website at sedgwickmco.com.

Transitional work benefits everyone

A safe and timely return to work is important! Together, we will explore opportunities for modified duty/ transitional work that can accommodate any physical limitations in order to speed your recovery, ease your transition back to work and minimize any hardship as a result of a workplace injury. Employee safety and recovery are the highest priorities. It's essential – and required – to keep Sedgwick MCO and your employer updated on your recovery status and work restrictions at all times.

Please provide MEDCO-14 form with any physical restrictions, as employer may have modified duty available.

Please send all information within 24 hours of visit.

Injury report and FROI fax: 888.711.9284
Medical and authorization fax: 888.627.0074
Customer service: 888.627.7586

Prescription questions: 800.644.6292 (follow prompts)

Send all mail and medical bills to:

Sedgwick Managed Care Ohio

PO Box 1040 Dublin, OH 43017 This card is not a guarantee of coverage.

Responsibilities

Sedgwick MCO

- Initiate new claims with the BWC, collect and submit required information
- Return to work and medical case management
- Review and approval of medical treatment
- Medical bill payment
- Medical management of workers' compensation claims
- All associated managed care organization responsibilities

BWC

- Claim allowance and compensability determination
- Claim number assignment
- Compensation award payment(s)
- Coordination of Industrial Commission hearings

Medical providers

- · Treating physicians must be BWC certified
- Promptly submit all medical documentation to Sedgwick MCO
- Clearly indicate work readiness and periods of disability utilizing the MEDCO-14 form

Important BWC forms

First report of injury (FROI)

Initiates workers' compensation claim; complete and send to Sedgwick MCO

MEDCO-14

Physician's statement of workability, recovery status; send to Sedgwick MCO

C-9

Physician's request for treatment approval; addressed by Sedgwick MCO



First Report of an Injury, Occupational Disease or Death

By signing this form, I:

- Elect to only receive compensation and/or benefits that are provided for in this claim under Ohio workers' compensation laws;
- Waive and release my right to receive compensation and benefits under the workers' compensation laws of another state for
 the injury or occupational disease, or death resulting from an injury or occupational disease, for which I am filling this claim;
- Agree that I have not and will not file a claim in another state for the injury or occupational disease or death resulting from an
 injury or occupational disease for which I am filing this claim;
- Confirm that I have not received compensation and/or benefits under the workers' compensation laws of another state for this claim, and that I will notify BWC immediately upon receiving any compensation or benefits from any source for this claim.

WARNING:

Any person who obtains compensation from BWC or self-insuring employers by knowingly misrepresenting or concealing facts, making false statements or accepting compensation to which he or she is not entitled, is subject to felony criminal prosecution for fraud.

	and that I will notify BWC immedia	tely upon receiving any comp	ensation or benefits f	rom any source f	or this claim.] '		(R.C. 2913.48)
	Last name, first name, mid	dle initial		S	ocial Security nu		Marital status ☐ Single	Date of bir	th
	Home mailing address				ex Male 🗌 Femal		☐ Married ☐ Divorced	Number o	dependents
	City	Sta	nte 9-digit ZI	P code C	Country if differe		☐ Separated ☐ Widowed	Departme	nt name
	Wage rate \$	☐ Hour Per: ☐ Year	☐ Month ☐ W		Vhat days of the ☐Sun ☐Mon	•	,	l Eri □ Cat	Regular work hours From To
Ö	Have you been offered or of Workers' Compensation	to you expect to receive i	payment or wage	s for this clain	n from anyone o	ther than the	Ohio Bureau		n or job title
hiif	Employer name		лечее едрічіні						
injured worker and injury/disease/death info.	Mailing address (number a	nd street, city or town, st	ate, ZIP code and	d county)					
ease	Location, if different from r	nailing address							
/dis	Was the place of accident of (If no, give accident location)	or exposure on employer n, street address, city, st	's premises? ate and ZIP code)	Yes 🗌 No					
njury		Time of injury	If fatal, give of		Time employe		n. □p.m.	e last worke	Date returned to work
ındi	Date hired	State whe	ere hired		Date employe	r notified		State where	supervised
ker	Description of accident (De injured the employee, or ca			ly	-		Type of injury/ (For example:		part(s) of body affected
wor			,				,	<u> </u>	
ured									
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	Family Services and the Ohio Rehabil that is casually or historically related	litation Services Commission to re to my physical or mental injuries r representatives. My previous or f	lease medical, psycholo elevant to issues neces uture BWC claims may	ogical, psychiatric, p sary for the adminis affect decisions ma for any and all such	pharmaceutical, vocat stration of my claim to ade in this claim. Prop	cional and social info BWC, the Industria er administration of aims. The released	ormation. I understa al Commission of Oh f the present claim	and this may inc nio, the employe may require BW may include any	macy, the Ohio Department of Job and lude, the Personally identifying information in this claim, the employer's managed C to share claims information with the record maintained in my claim files. Work number
	Health-care provider name			T	elephone numb	er I	Fax number		Initial treatment date
	Street address			(C	ity	(()	State	9-digit ZIP code
ö	Diagnosis(es): Include ICD	code(s)							
eatment info.	-								
tmer									
Trea	Will the incident cause the miss eight or more days of E code		∕es □ No	ls	s the injury caus	•	the industrial i		☐ Yes ☐ No
	Health-care provider signat	ure						·	
	Employer policy number			С	heck	er is self-insur worker is own		mher of fire	
	Telephone number	Fax number	E-ma	ail address		Federal ID nu			ual number
<u>.</u>	Was employee treated in a	n emergency room?	☐ Yes ☐ No	١	Nas employee h	nospitalized ov	ernight as an i	npatient?	☐ Yes ☐ No
rer in	If treatment was given awa	ly from work site, provide	the facility name	e, street addre	ess, city, state a				
Employer info.	Certification - The empore certifies that the facts in application are correct and app	n this	re	Rejection - The ejects the valid he reason(s) lis	dity of this claim		For self-insur Clarification and allows Medical o	on - The em the claim fo	ers only ployer clarifies or the condition(s) below: Lost time
	Employer signature and title	e					Date		OSHA case number



Physician's Report of Work Ability

Inju	red worker name	е									С	lain	n nur	mber				
Dat	e of injury	Da	te of la	ast a	appointment/examination	Date	of this	s appo	ointment/examina	ation	D	ate	of ne	ext appointmer	ıt/ex	ami	inati	on
ME	DCO-14 subm	issi	on (Se	lect	one of the options below.)													
	_				MEDCO-14. Proceed to s		2											
1					ed a MEDCO-14, and all o			ation	remains the same	e.	сеє	ed to	o and	complete sect	ion	8.		
			•	•	ed a MEDCO-14, and I an									,				
Em	ployment/Occ	upa	tion C	om	plete this section and proce	eed to s	ection	n 3					(Updates Yes [10 [])	
	Have you review	wed	the de	scri	ption of the injured worker's	s iob he	ld on	the da	ate of injury (forme	er nos	itior	n of	emp	lovment)? Yes	$\overline{\Box}$	Nο	$\dot{\overline{\Box}}$	
2					elect all sources) provided	•			• • •	•				• ,				
Wo	rk status/Injur					,			,		Ė			Updates Yes [10 [٦)	
					e any work restrictions rela	ated to	allow	ed coi	nditions in the cla	im2 \	/es			•				
3A	If yes, proceed	to s	section	3E														
	If there are wor	rk re	strictio	ns,	can the injured worker ret	turn to I	nis/he	r job l	held on the date	of inju	ry ((forı	mer p	position of				
	If there are work restrictions, can the injured worker return to his/her job held on the date of injury (former position of employment)? Yes No																	
	If yes, please indicate release to work date:/ Proceed to sections 3C, 5, 6, and 8.																	
3B	If no, please indicate when the injured worker initially could not do the job held on the date of injury. Date:/																	
	Please estimate when the injured worker should be able to return to the job held on the date of injury for this period of restricted duty. Date:/ Proceed to section 3C.																	
	Please indicat	te wl	hich o	f th	e activities listed below	the inj	ured	work	er can perform (even	if t	he	resp	onse to 3B is	"no	ວ".)		
	The injured worker can perform simple grasping with: Left hand Right hand Both																	
	The injured worker can perform repetitive wrist motion with: \square Left hand \square Right hand \square Both																	
	The injured worker's dominant hand is: \square Left \square Right The injured worker can perform repetitive actions to operate foot controls or motor vehicles with: \square Left foot \square Right foot \square Both If the injured worker is taking prescribed medications for the allowed conditions in this claim, is the injured worker able to safely:																	
	*Operate heavy machinery: Yes No *Drive: Yes No *Perform other critical job tasks as defined by any source listed																	
	above in section 2: ☐ Yes ☐ No																	
	Please indicate the	follov	wing: N	= Ne	ver, O = Occasionally, F = Frequen	ntly, C = C	ontinu	ously	Lifting/carrying	N	Э	F	C F	Pushing/pulling	N	0	F	С
	Activity	N	O F	С	Activity	N	0	F C	0 - 10 lbs.		\perp		О) to 25 lbs.				
	Bend				Reach above shoulder				11 - 20 lbs.		\perp		2	26 to 40 lbs.				
	Squat/kneel				Type/keyboard				21 - 40 lbs.		\perp		4	11 to 60 lbs.				
	Twist/turn				Work with cold substances				41 - 60 lbs.		\perp		6	61 to 100 lbs.				
3C	Climb				Work with hot substances				61 - 100 lbs.		\perp		1	100 + lbs.				
	In an eight-hour workday, how many total hours is the injured worker able to:																	
	Sit: hours Continuously With break Walk: hours Continuously With break Stand: hours Continuously With break																	
	In the space below please provide any additional information addressing the injured worker's capabilities and/or job accommodations																	
	which may not be addressed above.																	
	which may not be addressed above.																	
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Inju	red worker name			Cla	Date of injury				
Dis	ability period information (If 3B above is NO you	must address all	fields, including	site/location	ı if applicable)	(Updates Yes ☐ No ☐)			
	Complete the chart below and furnish the non- Classification of Diseases (ICD) code(s) for the condition is preventing the injured worker	he condition(s)	being treated	due to the	work-related injury/dia	icable, and International			
	Narrative description of the work-related allowed co	ndition	Site/location if applicable	ICD code	Is the condition prevent job injured worker held	ting full duty release to the on the date of injury?			
					Yes	□ No □			
4A					Yes	□ No □			
					Yes □ No □				
					Yes	□ No □			
						□ No □			
4B	List all other relevant conditions that impact tre	atment of the co	nditions listed	above (e.g.	, co-morbidities or not	yet allowed conditions).			
Clir	nical findings: Office notes can be referen	and in liqu of	writing clinic	al finding	s bolow	(Updates Yes ☐ No ☐)			
5	The injured worker is progressing: As experience in the injured worker is progressing: As experience in the injured worker in th	ected Better in the section is a section in the s	than expected	Slower	than expected				
Max	ximum medical improvement (MMI)					(Updates Yes ☐ No ☐)			
Max 6	ximum medical improvement (MMI) MMI is a treatment plateau (static or well-stabi reasonable medical probability, in spite of conti disease reached MMI based on the definition If yes, give MMI date:// treatment (attach additional sheet if necessary	inuing medical o above? Yes \Box . If no, please p	r rehabilitative No □	procedures	s. Has the work-related	e can be expected within I injury(s) or occupational			
	MMI is a treatment plateau (static or well-stabil reasonable medical probability, in spite of continuous disease reached MMI based on the definition of the spite of the state	inuing medical o above? Yes . If no, please pi /).	r rehabilitative No □ rovide the prop	procedures	s. Has the work-related	e can be expected within linjury(s) or occupational stimated duration of each			
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